



## FISH & DIVE RESORT

### Diving Policies PLEASE READ

Dear Guest,

In order for us to deliver the best diving in a **safe and responsible** manner, we have a few regulations that you, as a guest, will have to adhere to. If any of the following is unclear to you, please do not hesitate to ask any of the managers, dive staff or office staff.

- Southern Cross Club supports the buddy diving principle, therefore **No** diver is allowed to dive on their own at **ANY** time. No solo diving under **ANY** circumstances including safety stops - buddy teams must stay together at all times
- Anyone who hasn't been diving for **2 years** or more must first do a Refresher in the pool followed by a shallow dive.
- A **3min** Safety Stop is **Required** on **ALL** dives.
- **No** alcohol or drugs may be consumed before any diving activity, including afternoon, dusk and night dives.
- **No** consuming of alcohol or drugs during any dive related training including classroom and pool sessions.
- **All** dives are computer dives. No sharing of computers under **ANY** circumstances. If you do not have a computer, we will gladly rent you a computer.
- All divers are to be equipped with a working buoyancy control device with low-pressure power inflator, a regulator system with pressure gauge and depth gauge (or digital device), and an alternate air source - preferably an octopus or an alternate inflator regulator (such as an AIR II).
- It is **against** Cayman Islands law to dive with gloves.
- **No** touching or harassing any marine fish, coral or creatures unless specified by the dive guide of the day.
- **No** flying for 18 hours after surfacing from the last dive.  
(24hrs recommended by D.A.N.)
- **All** dives are **no decompression** dives. If a diver enters into decompression for any reason, said diver will be **excluded** from any diving activities for **24 hours** as a safety precaution.
- **No** dumping anything in the water including manmade or organic.

We thank you for your cooperation and understanding.

I \_\_\_\_\_, **have read and will adhere to**  
the Southern Cross Club diving policies.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_